

CHRC Research Grant, 1st Edition – 2020

- 1) CHRC Research Grant - 1st Edition - 2020, hereinafter referred to as CHRC Research Grant 2020, has a total allocation of € 80,000 (Eighty thousand euros), and consists of two research grants instituted by the Comprehensive Health Research Center research unit (CHRC), with the purpose of financing 2 multidisciplinary and inter-institutional research projects, of € 40,000 each, involving its five management institutions and its affiliated institutions.

- 2) **CHRC Research Grant 2020** objectives: Encourage the CHRC relevant, multidisciplinary and inter-institutional research of the CHRC, within the scope of one or more of its thematic lines and thematic areas.

- 3) **CHRC Research Grant 2020** can be applied by duly registered CHRC integrated members that is, registered on the FCT portal as integrated CHRC members. Applications from researchers or institutions outside the CHRC will not be considered.

- 4) Research projects must comply with all the following criteria:
 - a) Fit into at least one of the lines of the CHRC, and preferably with the involvement of two or more thematic areas, indicated in number 5.

 - b) Involve integrated members of two or more CHRC management institutions and affiliated institutions.

 - c) Have a duration not exceeding 24 months.

d) Be written in accordance with the proposed model, in a concise manner, not exceeding 15000 characters, excluding references, see number 6.

e) Comply with the budget rules indicated in number 7.

f) Present 1) a Report on scientific and financial progress in the middle of the project and 2) a Final Report on scientific and financial execution one month after the end of the project.

g) All projects must give rise to at least one publication of a scientific article in a scientific journal, with peer review. Researchers are inhibited from competing for CHRC Research Grant contests until this criterion is met. Failure to publish within a 3-year period, without justification accepted by the CHRC Executive Committee, may give rise to the process of Grant refunding by researchers.

5) Thematic lines and thematic areas

I. Health Promotion

- 1) Environmental and occupational health;
- 2) Addictions and smoking;
- 3) Health promotion in vulnerable populations

II. Lifestyles in Healthcare

- 4) Healthy and active ageing;
- 5) Exercise, sports sciences and human development;
- 6) Nutrition
- 7) Sleep, chronobiology and sleep disorders;

III. High burden and high mortality diseases

- 8) Cardiovascular and respiratory;
- 9) Musculoskeletal;

Funding:

- 10) Mental health determinants, needs and interventions;
- 11) Sensation and hearing disorders;
- 12) Clinical studies in immune dysregulation from pregnancy to adulthood;
- 13) Infection, sepsis and antibiotics resistance;

IV. Health policies and healthcare services research

- 14) Patient-centered care research;
- 15) Efficiency, incentives and sustainability;
- 16) Health services research and equity;
- 17) Global and population mental health;

V. Health innovation

- 18) Validation of digital health tools in healthcare
- 19) Innovation in value-based Healthcare
- 20) Patient innovation and health innovation & entrepreneurship
- 21) TeleHealth

6) Research projects must be written according to the following sections:

- a) Project title
- b) Team (name, institutional affiliation, email)
- c) Thematic line (s) and thematic area (s)
- d) Objectives
- e) Background
- f) Work Plan
- g) Innovation and relevance for CHRC

Funding:

h) Budget and justification

i) Timeline

j) List of Deliverables and Milestones

k) References

7) Funding and Budget: Projects will be financed up to € 80,000. If a project has a higher budget, it must explain the source of the remaining funding. Project budgets must be organized according to the headings approved by FCT, which are: 1) human resources 2) missions, 3) acquisition of goods and services, 4) registration of patents, 5) demonstration, dissemination and promotion, and 6) equipment. Expenditure on human resources is intended exclusively for expenditure on research grants. Equipment expenses should only be included in cases of essential need and must comply with their depreciation / amortization rules. The budget must be duly justified.

8) Submission of projects:

- Projects must be submitted until 11:59 pm (Lisbon time) on October 18, 2020, to the email msofia@ensp.unl.pt.

- Projects must be submitted in English.

- The application process consists of the research project as described above and the brief CVs of all team members.

9) Jury:

- The CHRC Research Grant 2020 jury will be composed by 3 CHRC integrated members, appointed by the CHRC Executive Committee, consisting of a president and two members.

- They cannot be part of the jury, candidates and / or collaborators involved in the projects to be submitted to the CHRC Research Grant 2020.

Funding:

- The jury will be able to call on national and international members, external and independent, to the CHRC to give an opinion on the submitted projects.
- The jury may promote the public presentation of applications in the process of formulating their assessment.
- The president of the jury will, if necessary, have the casting vote.
- The jury must inform the CHRC Executive Committee of its decision on the application to which it assigns the CHRC Research Grant 2020, which must be substantiated and recorded in the minutes.
- The jury may decide not to award the CHRC Research Grant 2020 if it understands that none of the applications meets excellence in quality and/or does not meet the necessary conditions established in this same regulation.
- There will be no appeal against the jury's decisions.

10) The winning project of the CHRC Research Grant 2020 will be announced at the 1st CHRC Annual Summit, online, in a public act on November 19th, at 11:25 am. The online presence of at least one member of each candidate research team in the delivery of the Grant is mandatory.