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Is President of the Portuguese Society of Rheumatology.

Graduated, PhD and Aggregated in Medicine (Rheumatology) from the Faculty of Medicine of the University of Lisbon, she also holds a Master's degree in Clinical Research from Harvard Medical School, Harvard University, USA.

Leads the EpiDoC Research Unit in Epidemiology and Clinical Research, CEDOC, Faculty of Medical Sciences and is coordinator of the FCT Research Unit, Comprehensive Health Research Center (CHRC).

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Co-leader and Medical Responsible for the Patient Innovation Project and principal investigator of several national and international research projects.

She author's more than 200 peer-reviewed publications and books and book chapters in medicine, rheumatology, aging, innovation and clinical research.