

Sofia Costa Quintas is an Organizational and Management Consultant and Coach with twenty years of experience leading executive development programs for top, and middle management, in major global organizations.

She is a published author of "Reinventing Leadership - archetypal journey toward an organizational leaving paradigm" (2021). And the creator of patented leadership development tools.

She is the Executive Programs Lead at Nova Innovation & analytics lab team.

She has a degree in business communication, and an MBA in Management from European University She is certified in ICF accredited coaching and in organizational systemic by the Bert Hellinger institute.