

TRAINING OFFER FOR THE 2025/26 ACADEMIC YEAR

INVEST IN EXCELLENCE IN HEALTH EDUCATION

NATIONAL SCHOOL OF PUBLIC HEALTH

THE NOVA NATIONAL SCHOOL OF PUBLIC HEALTH

With over 50 years of experience, the NOVA National School of Public Health (NOVA NSPH) is a global reference in the development of Public Health science.

With a consolidated and diversified training offer, rooted in student-centered teaching methods, in close coordination with research, and with a strong connection with practice, the School's approach ensures a well rounded education tailored to meet the needs of today's, and tomorrow's, professionals.

The School leads and participates in competitive research projects. Nova NSPH's research culture is guided by current and future challenges in public health, with a focus on innovation and social impact.

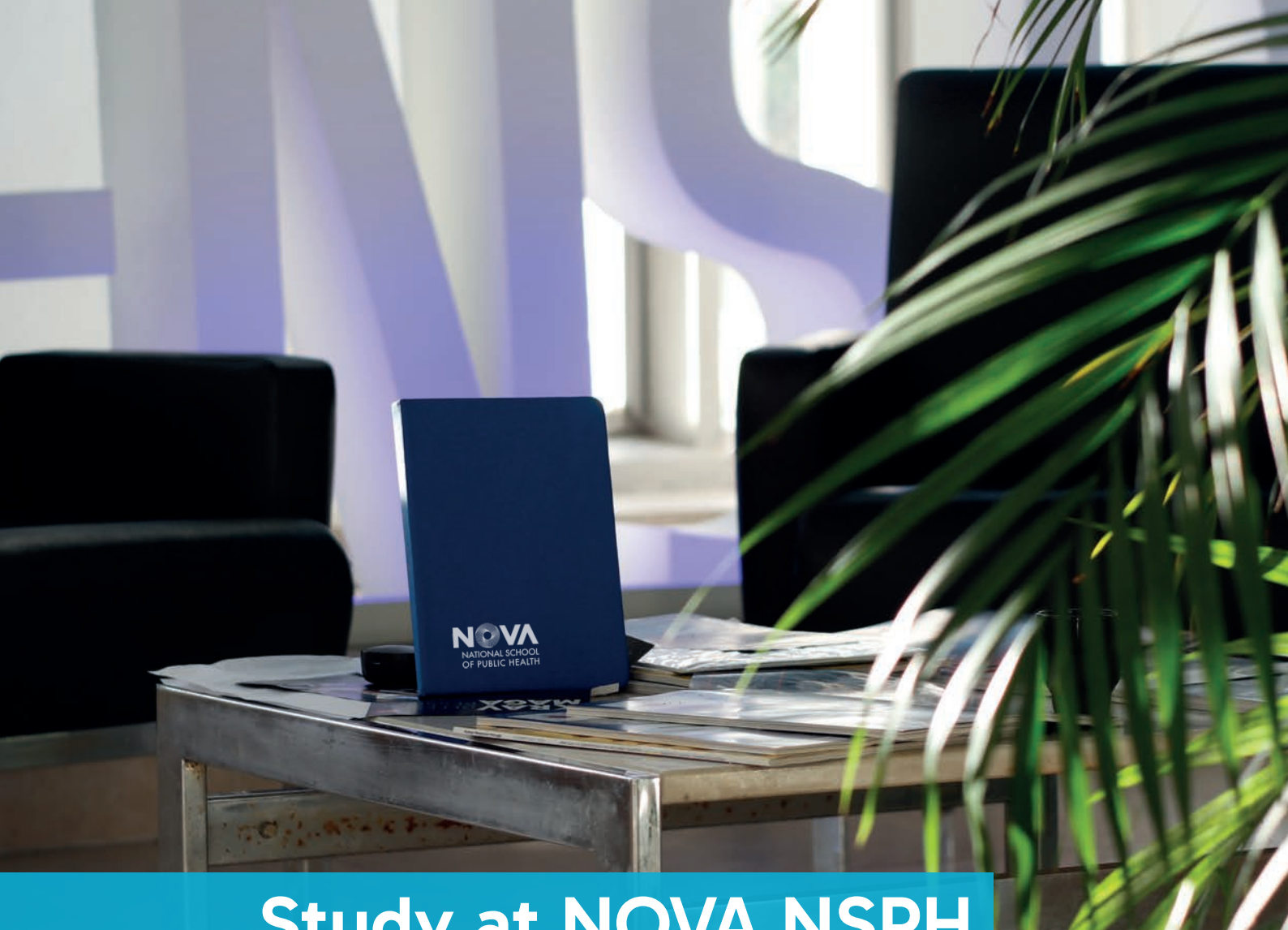
The success of our school is constantly reinforced by the dynamism, active engagement, and strength of the NOVA NSPH community, made up of teaching staff, researchers, staff, partners, and in which students and alumni play a prominent role.



By joining the NOVA National School of Public Health you will benefit from student-centered teaching, with a strong practical component and in close conjunction with research, in one of the international reference institutions.

Our students stand out for their transversal skills and ability to work in different sectors, on the most complex public health issues.

Sónia Dias, Dean at NOVA NSPH



Study at NOVA NSPH

We offer **Doctoral, Master's, Specialization Courses, and Postgraduate programs** accredited by APHEA and A3ES, with the possibility of credit recognition by major Professional Associations. These programs allow you to expand your knowledge, explore new career opportunities and take a leading role in transforming the healthcare sector, both in Portugal and globally.

Applications for this academic year are open on the NOVA NSPH website. Classes begin on September 22, 2025.



Reference courses with **highly recognized faculty** in the sector.



Various teaching models (**online and in-person**) with programs in **Portuguese and English**.



Strong practical component and close connections with public and private institutions, both national and international.



Over **90% employability** in Doctoral and Master's programs.

PhD in Public Health

A national reference in the training of Public Health specialists in Portugal, this Doctoral program aims to **prepare students for original and innovative scientific contributions**.

With 5 areas of specialization (Epidemiology, Health Promotion, Health Policy, Management and Administration, Health Economics, and Environmental and Occupational Health), it provides access into the academic world, both in teaching and research, as well as in the consulting field.

- ▶ LANGUAGE | English
- ▶ ECTS | 180
- ▶ SCHEDULE
 - Mandatory courses
 - Friday 11:30 AM – 8:10 PM
 - Optional courses (online)
 - Monday (morning), Wednesday (afternoon), and Saturday (morning)

- ▶ LANGUAGE | Portuguese
- ▶ ECTS | 120
- ▶ SCHEDULE
 - Mandatory courses
 - Thursday and Friday 4:30 PM – 10:10 PM
 - Optional courses (online)
 - Monday (morning), Wednesday (afternoon), and Saturday (morning)

Accreditations and Credits



Master in Public Health

Recognized by the Eduniversal Masters Ranking, and with a curriculum accredited by the Agency for Public Health Education Accreditation (APHEA), this Master's program offers advanced **knowledge and skills in the field of Public Health**.

It allows participants to work and conduct research on improving population health and the performance of health systems and organizations, both nationally and internationally.

Master in Health Promotion

Created based on the experience of the European Master in Health Promotion, with a training program validated by the International Union for Health Promotion & Education and credited by the Order of Pharmacists, this Master's ensures the **ability to work with communities to improve quality of life**.

It is aimed at all professionals looking to develop a career in health promotion and can provide access to specific careers in this field of knowledge, particularly in countries where it exists, such as the United Kingdom, Ireland, the United States, and Australia.

- ▶ LANGUAGE | Portuguese
- ▶ ECTS | 120
- ▶ SCHEDULE
 - Mandatory courses
 - Thursday and Friday 4:30 PM – 10:10 PM
 - Optional courses (online)
 - Monday (morning), Wednesday (afternoon), and Saturday (morning)

Accreditations and Credits



IUHPE
UIPES
www.iuhpe.org



▶ LANGUAGE | Portuguese

▶ ECTS | 120

▶ SCHEDULE

Mandatory courses

Monday and Tuesday 4:30 PM – 10:10 PM

Optional courses (online)

Monday (morning), Wednesday

(afternoon), and Saturday (morning)

Accreditations and Credits



Master in Health Management

With a curriculum validated by the Agency for Public Health Education Accreditation (APHEA), this Master's program aims to **deepen practical knowledge in management as well as research skills in health management**.

It is essential training for professionals in the sector to invest in their careers by enhancing best practices in managing health organizations, whether public or private.

Master in Occupational Health

Capitalizing on all the knowledge and experience of NOVA NSPH in Public Health, this Master's program aims to **prepare students to define policies and measures for the health quality of workers in the workplace, implement occupational health practices**, and further strengthen continuous training in the context of occupational and environmental risk assessment and management.

It is intended for both graduates in Medicine (Specialization in Occupational Medicine) and graduates in health and safety fields (Specialization in Health, Hygiene, and Occupational Safety)

▶ LANGUAGE | Portuguese

▶ ECTS | 120

▶ SCHEDULE

Mandatory courses

Tuesday and Thursday 4:30 PM – 10:10 PM

Optional courses (online)

Monday (morning), Wednesday

(afternoon), and Saturday (morning)

▶ LANGUAGE | Portuguese

▶ ECTS | 60

▶ SCHEDULE

Mandatory courses

Tuesday and Thursday 4:30 PM – 10:10 PM

Optional courses (online) | 2ª (manhã),

4ª (tarde) e sábado (manhã)

Accreditations and Credits



Postgraduation in Occupational Medicine

Exclusively intended for graduates in Medicine who are enrolled in the Occupational Medicine residency program, this Postgraduate course allows the development of knowledge and skills to define global strategies for the protection and promotion of workers' health; promote technological innovation and organizational change by managing risk factors for workers' health; and plan and execute medical surveillance actions and programs.

**Visit the NOVA
NSPH website for
more information.**

**NATIONAL SCHOOL
OF PUBLIC HEALTH**

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