



RESEARCH GRANT

Master Research Fellowship

The NOVA National School of Public Health, NOVA University Lisbon, has opened an offer position for 1 Research Fellowship, within the scope of the R&D project *JA PRISM: Prevention oriented Rights-based approach to Support Mental health in vulnerable population groups* (reference 101233316), funded by the European Commission, under the following conditions:

Scientific area: Health Sciences or related fields

Requirements:

- a) Bachelor and/or Master's degree in the scientific field of Health Sciences or related areas;
- b) Enrolment in a doctoral program;
- c) Experience in the management of research projects in the health field;
- d) Demonstrated experience in collection and analysis of qualitative data;
- e) Demonstrated experience in the area of Mental Health;
- f) Ability to communicate and express oneself both in written and spoken Portuguese and English;
- g) Immediate availability.

Preferential factors:

- a) Experience in research in projects addressing chronic diseases;
- b) Experience in research using group methods;
- c) Co-authorship of publications in indexed journals;
- d) Organizational skills and autonomy;
- e) Creative and solution-oriented thinking.

Work plan:

- a) Literature review on best practices in the area of mental health promotion;
- b) Support in the implementation of citizen science initiatives, including the facilitation of workshops;
- c) Operational preparation of the project in its different components (ethical, conceptual, methodological, organizational aspects);
- d) Collection and analysis of qualitative data;
- e) Mobilization and engagement of diverse stakeholders within a network;
- f) Support in the preparation and organization of training sessions;
- g) Support in the organization and implementation of fieldwork;
- h) Support in drafting reports, scientific articles, and other necessary documents.

Applicable Legislation and Regulations: [Statute of Scientific Research Fellow](#), approved by Law nr. 40/2004, of August 18, amended and published by Decree-Law nr. 202/2012, of August 27, amended by Decree-Law nr. 233/2012, of October 29, by Law nr. 12/2013, of January 29, by Decree-Law nr.



89/2013 of July 9 and by Decree-Law nr. 123/2019, of August 28 and the rules established in the [Research Fellow Regulations of NOVA University Lisbon](#).

Workplace and scientific supervision: The work will be carried out at NOVA National School of Public Health, NOVA University Lisbon, under the scientific supervision of Professor Sónia Dias.

Duration of the Research Fellowship(s): The duration of the research fellowship will be for 12 months, starting in January of 2026. The research fellowship can be renewed up to the maximum provided for in the Research Fellowship Regulations of NOVA University Lisbon.

Monthly maintenance allowance: The amount of the fellowship is 1 309,64 €, according to the values for research fellowships awarded by NOVA in Portugal. In addition to this amount, there is the payment of personal accident insurance and the payment of voluntary social security.

Selection methods: In the first phase, candidates admitted to the call will be selected based on compliance with the admission requirements. The admitted candidates will be ranked according to their curriculum evaluation (100%). If necessary, an individual interview will be conducted with the candidates placed in the top three positions of the ranked list. In this case, the percentage weighting of the selection methods will be: Curriculum evaluation (70%) and Interview (30%). The candidate who occupies the first place on the ranked list, with a score equal to or higher than 16 points, will be selected.

Composition of the selection Jury: President: Ana Gama, 1st Member: Ana Rita Pedro, 2nd Member: Maria João Marques.

Application deadline: The call is open from 10 December 2025 until 26 December 2025.

Application formalization: Applications must be formalized mandatorily by e-mail to gaidi@ensp.unl.pt, with the reference (932236_251) in the subject, and must include mandatorily the following documents: Curriculum Vitae, motivation letter and academic degree certificate.

The documents required for the submission of the application will only be admitted if submitted within the deadline of application.

The following documents will be requested in the contracting phase:

- a) Copy of civil and tax identification document(s) and, where applicable, social security document(s);
- b) Document proving the country of residence, residence permit or other legally equivalent document, where applicable, valid at the start date of the fellowship;
- c) Documents proving that the candidate meets the conditions required for the respective type of fellowship, namely proof of enrollment and registration in a cycle of studies or non-degree course and/or proof of academic qualifications required for the type of fellowship, if applicable.

Communication of the results: The final evaluation results will be communicated to all applicants by e-mail. For further information please contact the Research Support Office (GAIDI), telephone +351 21 751 21 65 or through e-mail: gaidi@ensp.unl.pt.